



COMMUNITY
CANCER CENTER
GAINESVILLE • LAKE CITY

healthy CONNECTIONS

CCC newsletter | april 2013

Physician Spotlight



meet:

Dr. Laurel Warwicke

A board certified radiation oncologist, Dr. Warwicke is a member of the American Society for Therapeutic Radiology and Oncology and the American College of Radiology. Dr. Warwicke's special interest in breast cancer has led to publication of her expertise on breast brachytherapy and the treatment of breast cancer.

WHAT IS YOUR FAVORITE QUOTE?

"Ignorance more frequently begets confidence than does knowledge." - Charles Darwin

WHAT MOTIVATES YOU EVERY DAY?

I am constantly motivated and inspired by my patients.

WHAT IS YOUR FAVORITE MOVIE?

Room With a View

WHAT ARE YOUR HOBBIES/INTERESTS?

I enjoy reading and oil painting.

WHAT IS A FUN FACT ABOUT YOU THAT WOULD BE SURPRISING?

Most people are surprised to learn that I used to live in Africa!

Comprehensive & Collaborative

CCC has been offering exceptional care to cancer patients in Florida since 2003. Now with locations in both Gainesville and Lake City and thousands of patients treated, the caregivers at CCC know the enormous impact cancer can have on a person's life. Most importantly, they are committed to providing a professional, compassionate treatment experience – with the ultimate goal of survivorship.

"In my years of clinical practice, I have learned the value of a comprehensive approach to cancer care," said Dr. Laurel Warwicke. "There are so many areas of health that need to be addressed when a person is diagnosed with cancer. Because of this, the care team must work together to craft individualized treatment plans that remedy the entire person, and not just the cancer."

CCC provides the best in Radiation Therapy by using advanced technology and equipment, performed by highly experienced and licensed radiation therapists. Each patient's treatment plan is developed based on the selected treatment delivery, which could include 3D CRT, IMRT, IGRT, Electron Beam Therapy, and/or high dose rate (HDR) therapies. Chemotherapy nurses in our Gainesville center are also highly experienced and certified in systemic therapies such as cytotoxic chemotherapy, molecularly targeted therapy, immunotherapy and hormone or endocrine therapy. These systemic treatments may be used alone, in combination with one another, or alongside other modalities such as surgery and radiation.

"Throughout patients' treatments, we're continuously working with the medical oncology, surgery, and specialty caregivers to make sure they are getting the best possible care," said Dr. Warwicke. "The more that we can do to ease the burdens of the patients, the more time and energy they have to focus on getting better."



SAVE the DATE

Community Cancer Center will be offering Art Therapy classes at 11 am on April 17th at our Gainesville location, and at 11 am on April 18th in Lake City. Please come and join us!

cccnf.com



this month's recipe

PEANUT BUTTER SNACK SPREAD

(Yield: 6 tbsp)

- 1 tbsp nonfat instant dry milk
- 1 tbsp honey
- 1 tsp water
- 5 tbsp smooth peanut butter
- 1 tsp vanilla extract

Combine dry milk, water, and vanilla, stirring to moisten. Add honey and peanut butter, stirring slowly until liquid blends with peanut butter.

Mixture also can be formed into balls, chilled, and eaten as candy.

Keeps well in refrigerator, but is difficult to spread when cold.

Coordinated Care

At CCC, the goal is to concentrate on each unique part of every cancer patient's journey. CancerHome, their care delivery model, involves all members of a care team to navigate the patient through each step of the care process – from diagnosis to survivorship.

In addition to expert care and the most modern technology, CCC also provides a host of ancillary services that help to achieve optimal results. One of the more unique benefits of being treated at CCC is Patient Navigation, which is beginning to play an increasingly critical role in comprehensive cancer care. Tina Lloyd, CCC's Patient Navigator, serves as the patient's primary point of contact and proactive representative. With Tina's care and expertise, patients receive timely access to the different types of resources they need.

As the patient's biggest ally, Tina's role is extremely significant to CCC's team-based care delivery model. From the very beginning, Tina is an ongoing presence in every aspect of the patient's journey. As burdens arise - whether they be physical, emotional, or financial - the Patient Navigator's role has been specifically designed to help alleviate the stresses caused by such hardships.

As patients continue treatment, the Patient Navigator will regularly reassess a patient's needs and barriers and work with the other members of the care team to make sure everyone is aware of progress and who is responsible for follow up. Patients receiving care within the CancerHome model are more satisfied with their level of care because of this team-based approach, which decreases anxiety, provides support, and allows the patient to focus on healing.



Tina Lloyd, Patient Navigator



WHAT DO YOU LOVE MOST ABOUT YOUR JOB AS A PATIENT NAVIGATOR?

I really love knowing that I am providing people emotional, physical, and financial support at such a difficult time in their lives. I have the ability to easily connect them and their families to the tools and resources they need throughout all the different stages of treatment.

HOW IMPORTANT IS THE PRESENCE OF PATIENT NAVIGATION IN CANCER CARE?

I feel Patient Navigation is extremely important because there are so many variables involved, from initial diagnosis to survivorship. Navigation definitely assists in the removal of barriers and helps decrease missed appointments which in turn, provides a sense of relief for the patient.

locations

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